

Smoked Sausage and Noodle Skillet

Hillshire Farm Casseroles and Quick Meals - p56

Servings: 4

1 tablespoon vegetable oil
1 pound Smoked Sausage, cut into 1/4" pieces
1 onion, chopped
3 cups frozen broccoli, cauliflower and carrots mixture
4 ounces uncooked medium-size noodles or curly noodles
1 can (10 3/4 oz) reduced-sodium condensed cream of celery soup, undiluted
1 cup reduced sodium chicken broth
1/2 teaspoon dried marjoram leaves
1/4 teaspoon black pepper

Heat oil in medium skillet over medium heat.

Cook and stir smoked sausage and onion 3 to 4 minutes.

Stir in frozen vegetables, noodles, soup, chicken broth, 3/4 cup water, marjoram and pepper.

Bring to a boil; reduce heat.

Simmer, covered, 12 to 15 minutes or until noodles are tender, stirring occasionally.

Per Serving (excluding unknown items): 422 Calories; 38g Fat (81.3% calories from fat); 16g Protein; 4g Carbohydrate; 1g Dietary Fiber; 81mg Cholesterol; 1073mg Sodium. Exchanges: 0 Grain(Starch); 2 Lean Meat; 1/2 Vegetable; 6 1/2 Fat.