

Savory Sausage N Potatoes

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Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

Servings: 4

*1 1/2 pounds Italian
sausage (one # mild, 1/2 #
hot), cut into one-inch
pieces
8 large potatoes, cubed
1 large green pepper, sliced
1 1/2 tablespoons minced
garlic
salt
pepper
1 large onion, sliced
olive oil*

Preheat the oven to 375 degrees.

In a bowl, combine the sausage, potatoes, onions, green pepper, garlic, salt and pepper.

Drizzle with olive oil. Mix gently. Place in a casserole dish.

Bake for two hours or until the potatoes are tender and the sausage is browned.

Per Serving (excluding unknown items): 216 Calories; trace Fat (1.4% calories from fat); 6g Protein; 49g Carbohydrate; 5g Dietary Fiber; 0mg Cholesterol; 17mg Sodium. Exchanges: 3 Grain(Starch); 1 Vegetable.