
Yogurt Dill Dip

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Party Recipes from the Charleston Junior League - 1993

1 cup plain yogurt

1 cup mayonnaise

1/2 teaspoon garlic powder

1/2 teaspoon onion powder

1/2 teaspoon fresh lemon juice

2 tablespoons chopped fresh dill (or two teaspoons dried dill)

In a medium bowl, combine all of the ingredients. Mix well until smooth.

Chill for several hours or overnight before serving.

Yield: 2 cups

Appetizers

Per Serving (excluding unknown items): 1736 Calories; 195g Fat (94.7% calories from fat); 11g Protein; 14g Carbohydrate; trace Dietary Fiber; 108mg Cholesterol; 1365mg Sodium. Exchanges: 0 Grain(Starch); 0 Fruit; 1 Non-Fat Milk; 17 1/2 Fat; 1/2 Other Carbohydrates.