Memphis Rendezvous Style Ribs

Meathead Goldwyn - amazingribs.com Relish Magazine - May 2012

Servings: 6

SEASONING MIX

4 tablespoons paprika

2 tablespoons powdered garlic

2 tablespoons mild chili powder

1 1/2 tablespoons ground black pepper

1 1/2 tablespoons Kosher salt

2 teaspoons whole yellow mustard seed

1 1/2 teaspoons crushed celery seed

1 1/2 teaspoons whole celery seed

1 1/2 teaspoons dried crushed oregano

1 1/2 teaspoons dried crushed thyme

1 1/2 teaspoons whole allspice seeds

1/2 teaspoon ground allspice

1 1/2 teaspoons whole coriander seed

1/2 teaspoon ground coriander

MOP SAUCE AND RIBS

6 tablespoons Seasoning Mlx, divided

1/2 cup distilled vinegar

1/2 cup water

4 tablespoons ketchup OR tomato-based barbecue sauce

2 slabs (about 4 pounds) baby back ribs

To make the seasoning, mix all of the ingredients in a bowl. Store in an airtight jar. Makes about one cup.

To make the sauce and ribs, mix two tablespoons of the seasoning mix with vinegar, water and barbecue sauce in a bowl. Makes about one cup.

Grill or bake the ribs, basting with the sauce.

When done, sprinkle liberally with the seasoning mix.

Per Serving (excluding unknown items): 21 Calories; 1g Fat (20.8% calories from fat); 1g Protein; 5g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 1413mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Fat; 0 Other Carbohydrates.