

# One Pan Hot Dogs and Noodles

Paula Macri - Gattuso's Bella Cucina  
Scripps Treasure Coast Newspapers

1 pound hot dogs, cut in half diagonally  
1/2 cup sweet onion, chopped  
1/2 teaspoon crushed basil  
2 tablespoons butter  
1 can cream of celery soup  
1/2 cup milk  
2 cups wide egg noodles, cooked according to package directions  
2 tablespoons parsley, chopped

In a large skillet, brown the hot dogs and cook the onion and basil in butter until tender.

Stir in the soup, milk, egg noodles and parsley.

Heat, stirring occasionally.

Serve while hot.

Per Serving (excluding unknown items): 1854 Calories; 165g Fat (80.2% calories from fat); 58g Protein; 33g Carbohydrate; 2g Dietary Fiber; 320mg Cholesterol; 6335mg Sodium. Exchanges: 7 Lean Meat; 3 Vegetable; 1/2 Non-Fat Milk; 26 1/2 Fat.

Beef

## Per Serving Nutritional Analysis

Calories (kcal):	1854
% Calories from Fat:	80.2%
% Calories from Carbohydrates:	7.2%
% Calories from Protein:	12.6%
Total Fat (g):	165g
Saturated Fat (g):	67g
Monounsaturated Fat (g):	71g
Polyunsaturated Fat (g):	16g
Cholesterol (mg):	320mg
Carbohydrate (g):	33g
Dietary Fiber (g):	2g
Protein (g):	58g
Sodium (mg):	6335mg
Potassium (mg):	1239mg

Vitamin B6 (mg):	.7mg
Vitamin B12 (mcg):	6.6mcg
Thiamin B1 (mg):	1.0mg
Riboflavin B2 (mg):	.7mg
Folacin (mcg):	54mcg
Niacin (mg):	13mg
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Refuse:	n n%

## Food Exchanges

Grain (Starch):	0
Lean Meat:	7
Vegetable:	3
Fruit:	0

**Calcium (mg):** 268mg  
**Iron (mg):** 7mg  
**Zinc (mg):** 9mg  
**Vitamin C (mg):** 135mg  
**Vitamin A (i.u.):** 1718IU  
**Vitamin A (r.e.):** 331 1/2RE

**Non-Fat Milk:** 1/2  
**Fat:** 26 1/2  
**Other Carbohydrates:** 0

## Nutrition Facts

### Amount Per Serving

**Calories** 1854      **Calories from Fat:** 1488

### % Daily Values\*

<b>Total Fat</b>	165g	254%
Saturated Fat	67g	336%
<b>Cholesterol</b>	320mg	107%
<b>Sodium</b>	6335mg	264%
<b>Total Carbohydrates</b>	33g	11%
Dietary Fiber	2g	10%
<b>Protein</b>	58g	
<b>Vitamin A</b>		34%
<b>Vitamin C</b>		224%
<b>Calcium</b>		27%
<b>Iron</b>		36%

\* Percent Daily Values are based on a 2000 calorie diet.