

Quick Skillet Lasagna

Diane Heesacker

Silverdale, WA. Chamber Of Commerce Favorite Recipes - 1991

Servings: 6

*1 pound ground beef
2 tablespoons butter
1 envelope (2-1/2 ounce)
spaghetti mix
1 pint (2 cups) cream-style
cottage cheese
3 cups medium noodles
(uncooked)
1 tablespoon basil
1 tablespoon parsley flakes
3 1/2 cups canned
tomatoes
1 cup water
2 cups (8 ounce) shredded
Monterey Jack cheese*

In a twelve-inch skillet, lightly brown the meat in butter. Sprinkle 1/2 of the spaghetti sauce mix over the meat.

Spread the cottage cheese in a layer over the meat. Arrange the uncooked noodles in a layer. Sprinkle with the remaining spaghetti sauce mix, basil and parsley flakes.

Add the tomatoes with liquid and water. Be sure that everything is moistened. Cover tightly.

Simmer 30 to 35 minutes or until the noodles are done. Sprinkle cheese over the top.

Recover. Let stand 10 to 15 minutes before serving.

Per Serving (excluding unknown items): 438 Calories; 36g Fat (72.6% calories from fat); 23g Protein; 7g Carbohydrate; 2g Dietary Fiber; 108mg Cholesterol; 502mg Sodium. Exchanges: 0 Grain(Starch); 3 Lean Meat; 1 Vegetable; 5 1/2 Fat.