Noodle Dish

Canadian Mennonite Cookbook - 1974 D. W. Friesen & Sons Ltd.

1 package fine noodles
1 pound pork sausage or
hamburger.
1 can (14.5 ounce)
vegetable soup
1 can (14.5 ounce) tomato
soup
14 ounces water
salt (to taste)
pepper (to taste)

Preheat the oven to 350 degrees.

In a skillet, brown the sausage. Drain the fat.

Cook the noodles according to package directions.

In a bowl, mix the noodles and sausage together. Add the vegetable soup, tomato soup, water, salt and pepper.

Transfer the mixture to a casserole dish.

Bake for one hour.

If too dry, add tomato soup or water.

Per Serving (excluding unknown items): 158 Calories; 4g Fat (20.9% calories from fat); 4g Protein; 29g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 1529mg Sodium. Exchanges: 1/2 Grain(Starch); 2 1/2 Vegetable; 0 Fat.