

Marzetti

Ginny Simon

Unitarian Universalist Fellowship of Vero Beach, FL 2000

6 ounces medium-size
noodles
1 large onion, chopped
1 cup chopped mushrooms
2 tablespoons butter
1 pound chopped chuck
salt (to taste)
pepper (to taste)
1/4 teaspoon oregano
1 can (10-1/2 ounce)
tomato soup
1 can (12 ounce) tomato
taste
3 ounces water
1 tablespoon
Worcestershire sauce
1/2 pound sharp cheese,
grated

Preheat the oven to 375 degrees.

Cook the noodles according to package directions.

In a skillet, saute' the onions and mushrooms in butter. Add the meat and brown. Skim off the fat.

In a separate bowl, stir together the meat mixture, noodles, salt, pepper, oregano, soup, tomato paste, water, Worcestershire and most of the cheese. Place the mixture in a greased casserole dish. Sprinkle the remaining cheese on top.

Bake for 45 minutes.

Per Serving (excluding unknown items): 361 Calories; 25g Fat (60.3% calories from fat); 5g Protein; 32g Carbohydrate; 3g Dietary Fiber; 62mg Cholesterol; 1085mg Sodium. Exchanges: 1/2 Grain(Starch); 2 1/2 Vegetable; 5 Fat; 0 Other Carbohydrates.