

Fettuccine Alfredo

Family Kitchen

Taste of Home Magazine - April/May 2021

*1/2 cup "Alfredo Sauce"
(see recipe listed under
"sauces - cooking")
4 ounces fettuccine
2 tablespoons grated
Parmesan cheese
minced fresh parsley (for
sprinkling) (optional)*

In a saucepan, cook the fettuccine according to package directions. Drain.

Add 1/2 cup of Alfredo Sauce and the Parmesan cheese.

If desired, sprinkle with fresh parsley.

Serve.

Per Serving (excluding unknown items): 46 Calories; 3g Fat (6 calories from fat); 4g Protein; Carbohydrate; 0g Dietary Fiber; 8mg Cholesterol; 186mg Sodium. Exchanges: 1/2 Lean Meat; 1/2 Starch; 1/2 Vegetable.