

Baked Ziti with Meatballs

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Servings: 5

*2 cups ziti pasta, uncooked
1 jar (26 ounce) marinara sauce
1 package (14 ounce) frozen Italian-
style bite-size meat balls, thawed
2 cups mozzarella or provolone
cheese, grated*

Preparation Time: 5 minutes

Preheat the oven to 375 degrees.

Cook the pasta according to package directions. Drain.

Cut the meatballs in half. In a large skillet, combine the meatballs and marinara sauce. Bring to a boil over high heat. Reduce the heat to medium-low. Stir well. Cover and simmer, stirring once, for 5 to 6 minutes or until the meatballs are heated through.

Stir in the pasta. Mix mixture and cheese well. Transfer half of the mixture to an eight- or nine-inch baking dish. Top with one cup of cheese. Repeat the layering with the remaining pasta

Bake for 20 to 30 minutes or until heated through and the cheese is melted.

Per Serving (excluding unknown items): 184 Calories; 2g Fat (8.4% calories from fat); 6g Protein; 35g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 209mg Sodium. Exchanges: 2 1/2 Grain(Starch); 0 Fat.