

# Hobo Dinner

Debbie Maniscalco

Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

*1 box macaroni and cheese*  
*1 1/2 pounds ground chuck*  
*1 can corn kernels*  
*salt (to taste)*  
*pepper (to taste)*  
*Velveeta cheese (optional)*

Prepare the macaroni and cheese according to package directions.

In a skillet, brown the beef . Season with salt and pepper. Drain the beef. Return to the skillet.

Add the macaroni and cheese. Toss until the beef is covered. Add the corn. Mix again.

If you prefer a cheesier dish, add some Velveeta cheese.

Serve with applesauce.

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Per Serving (excluding unknown items): 1929 Calories; 141g Fat (67.0% calories from fat); 125g Protein; 32g Carbohydrate; 4g Dietary Fiber; 511mg Cholesterol; 478mg Sodium. Exchanges: 2 Grain(Starch); 17 1/2 Lean Meat; 17 1/2 Fat.