

Barbecue Hamburger

Esther G. Little - Aspers, PA

Treasure Classics - National LP Gas Association - 1985

Servings: 5

*1 tablespoon butter
1 tablespoon onions,
chopped
1 tablespoon celery,
chopped
1 tablespoon green
peppers, chopped
1 pound ground beef
1/2 cup catsup
3 tablespoons chili sauce
1 tablespoon prepared
mustard
1/2 tablespoon vinegar
1 tablespoon sugar
6 rolls*

Preparation Time: 30 minutes

Cook Time: 10 minutes

In a skillet, very slightly brown in butter the onions, peppers and celery.

Add the ground beef and brown very slightly.

In a bowl, mix the catsup, chili sauce, mustard, vinegar and sugar. Add to the ground beef. Simmer for 5 minutes.

Serve hot in rolls.

Per Serving (excluding unknown items): 444 Calories; 29g Fat (58.8% calories from fat); 19g Protein; 27g Carbohydrate; 2g Dietary Fiber; 84mg Cholesterol; 588mg Sodium. Exchanges: 1 Grain(Starch); 2 Lean Meat; 0 Vegetable; 4 1/2 Fat; 1/2 Other Carbohydrates.