Mexican Pie

Jane H Bertelson The Church of St. Michael and St. George - St. Louis, MO - 1985

Servings: 6

1 unbaked pie shell
1 pound ground beef
1/3 cup green pepper,
chopped
3/4 cup water
1 1/2 ounces dry spaghetti
sauce mix
1 can (6 ounce) tomato
paste
1/3 cup grated Parmesan
cheese
1 1/2 cups grated
mozzarella

Preheat the oven to 400 degrees.

In a skillet, brown the beef. Drain. Add the green pepper. Saute' for 2 minutes.

Add the water, tomato paste and the sauce mix. Cover and cook for 10 minutes.

Sprinkle one-half of the Parmesan cheese over the bottom of the pie shell. Place one-half of the meat mixture in the shell. Place one cup of mozzarella on top of the meat. Add the remaining meat mixture.

Bake for 25 minutes.

Add the remainder of the mozzarella on top.

Bake until melted.

Per Serving (excluding unknown items): 275 Calories; 22g Fat (70.6% calories from fat); 15g Protein; 5g Carbohydrate; 1g Dietary Fiber; 68mg Cholesterol; 307mg Sodium. Exchanges: 2 Lean Meat; 1 Vegetable; 3 Fat.