

Hamburger Pie

Ann ethridge

St Timothy's - Hale Schools - Raleigh, NC - 1976 Linda Taylor

*1 pound ground beef
1/2 teaspoon salt
2 cans cut green beans,
drained
1/2 cup chopped onion
dash pepper
1 can tomato soup
5 medium cooked potatoes
1/2 cup warm milk
1 egg, beaten
1/2 cup shredded cheddar
cheese*

Preheat the oven to 350 degrees.

In a skillet, brown the meat. Add the onion.
Cook until the onion is tender. Add the salt and
pepper, beans and soup.

Pour into a greased 1-1/2 quart casserole dish.

Mash the potatoes. Add the milk and egg.
Season to taste with salt and pepper. Spoon the
potato mixture in mounds over the meat.
Sprinkle the potatoes with cheese.

Bake for 25 to 30 minutes.

Per Serving (excluding unknown items): 1899 Calories; 150g Fat (71.8% calories from fat); 103g Protein; 30g Carbohydrate; 2g Dietary Fiber; 674mg Cholesterol; 2553mg Sodium. Exchanges: 1/2 Grain(Starch); 13 1/2 Lean Meat; 1 Vegetable; 1/2 Non-Fat Milk; 22 Fat.