# Philadelphia Triple-Berry Cheesecake Tart

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#### Servings: 10

1 cup ice cubes

45 (about 1-1/4 cups) Nilla vanilla wafers, finely crushed
1/4 cup butter, melted
1 package (8 ounces) Philadelphia cream cheese, softened
1/4 cup sugar
1 cup Cool Whip whipped topping, thawed
2 cups mixed berries (raspberries, sliced strawberries and blueberries)
3/4 cup boiling water
1 package (3 ounce) Jell-O lemon flavor gelatin

### **Preparation Time: 15 minutes**

Mix the wafer crumbs and butter until well blended. Press onto the bottom and up the side of a nine-inch tart pan. Freeze while preparing the filling.

In a large bowl, beat the cream cheese and sugar with a mixer until well blended. Gently stir in the Cool Whip. Spoon into the crust. Top with the berries. Refrigerate.

Meanwhile, in a medium bowl, add the boiling water to the gelatin mix. Stir for 2 minutes until completely dissolved. Add the ice. Stir until melted.

Refrigerate for 15 minutes or until slightly thickened. Spoon over the fruit in the pan.

Refrigerate for three hours or until set.

Start to Finish Time: 3 hours 30 minutes

Per Serving (excluding unknown items): 60 Calories; 5g Fat (67.2% calories from fat); trace Protein; 5g Carbohydrate; 0g Dietary Fiber; 12mg Cholesterol; 48mg Sodium. Exchanges: 1 Fat; 1/2 Other Carbohydrates.

**Desserts** 

#### Dar Carrina Mutritional Analysis

Calories (kcal):	60	Vitamin B6 (mg):	0mg
% Calories from Fat:	67.2%	Vitamin B12 (mcg):	trace
% Calories from Carbohydrates:	32.5%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.3%	Riboflavin B2 (mg):	trace

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Total Fat (g): Saturated Fat (g): Monounsaturated Fat (g): Polyunsaturated Fat (g): Cholesterol (mg):	5g 3g 1g trace 12mg	Folacin (mcg): Niacin (mg): Caffeine (mg): Alcohol (kcal): % Pofuso:	trace trace 0mg 0 0 0 0%
Carbohydrate (g): Dietary Fiber (g): Protein (g): Sodium (mg): Potassium (mg): Calcium (mg): Iron (mg): Zinc (mg): Vitamin C (mg): Vitamin A (i.u.): Vitamin A (r.e.):	5g 0g trace 48mg 2mg 2mg trace trace 0mg 173IU 43RE	Food Exchanges Grain (Starch): Lean Meat: Vegetable: Fruit: Non-Fat Milk: Fat: Other Carbohydrates:	0 0 0 0 0 1 1/2

## **Nutrition Facts**

Servings per Recipe: 10

Amount Per Serving	
Calories 60	Calories from Fat: 40
	% Daily Values*
Total Fat 5g Saturated Fat 3g Cholesterol 12mg Sodium 48mg Total Carbohydrates 5g Dietary Fiber 0g Protein trace	7% 14% 4% 2% 2% 0%
Vitamin A Vitamin C Calcium Iron	3% 0% 0% 0%

<sup>\*</sup> Percent Daily Values are based on a 2000 calorie diet.