

Coconut Torte

Philadelphia Cream Cheese Favorite Recipes (1988)
1988 Kraft Inc.

Servings: 6

1 package (8 ounce) cream cheese
1/4 cup sugar
1 tablespoon orange juice
1/2 cup flaked coconut, toasted
1/4 cup sliced almonds, toasted
1 10-1/4 ounce frozen pound cake,
thawed

In a bowl, combine the cream cheese, sugar and juice, mixing until well blended.

Add the coconut and almonds. Mix well.

Split the cake into three layers.

Spread the layers with frosting. Stack.

Chill.

Per Serving (excluding unknown items): 408 Calories; 27g Fat (59.2% calories from fat); 7g Protein; 35g Carbohydrate; trace Dietary Fiber; 97mg Cholesterol; 293mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Fruit; 5 Fat; 2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	408
% Calories from Fat:	59.2%
% Calories from Carbohydrates:	34.2%
% Calories from Protein:	6.6%
Total Fat (g):	27g
Saturated Fat (g):	15g
Monounsaturated Fat (g):	6g
Polyunsaturated Fat (g):	1g
Cholesterol (mg):	97mg
Carbohydrate (g):	35g
Dietary Fiber (g):	trace
Protein (g):	7g
Sodium (mg):	293mg

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	.2mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	.1mg
Folacin (mcg):	9mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Refused:	0 0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	1/2
Vegetable:	0

Potassium (mg): 97mg
Calcium (mg): 46mg
Iron (mg): 1mg
Zinc (mg): trace
Vitamin C (mg): 1mg
Vitamin A (i.u.): 557IU
Vitamin A (r.e.): 167 1/2RE

Fruit: 0
Non-Fat Milk: 0
Fat: 5
Other Carbohydrates: 2

Nutrition Facts

Servings per Recipe: 6

Amount Per Serving

Calories 408 **Calories from Fat:** 241

% Daily Values*

Total Fat	27g	41%
	Saturated Fat 15g	73%
Cholesterol	97mg	32%
Sodium	293mg	12%
Total Carbohydrates	35g	12%
	Dietary Fiber trace	2%
Protein	7g	

Vitamin A		11%
Vitamin C		2%
Calcium		5%
Iron		4%

** Percent Daily Values are based on a 2000 calorie diet.*