

Chocolate Delight

Louise Furtek

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

*1 cup chopped nuts
2 cups flour
1 1/2 sticks butter
1 container (8 ounce)
cream cheese
1 cup Cool Whip Lite®
1 cup confectioner's sugar
2 packages instant pudding
(any flavor, lemon is very
good)
3 cups milk
Cool Whip (for topping)
nuts (for sprinkling)*

In a bowl, combine the nuts, flour and butter.
Press into a 13x9-inch well greased pan.

Bake at 350 degrees for 15 minutes or a bit
longer. Let cool.

In a bowl, combine the cream cheese, Cool
Whip and confectioner's sugar. Mix with a
beater. Spread over the cooled crust.

In a bowl, combine the pudding and milk. Beat
for 2 minutes. Set aside for 5 minutes. Spread
over the top of the cream cheese. Let cool for
15 minutes.

Top with Cool Whip and sprinkle with nuts.

Per Serving (excluding unknown
items): 4892 Calories; 334g Fat
(60.5% calories from fat); 93g
Protein; 397g Carbohydrate; 21g
Dietary Fiber; 727mg Cholesterol;
2519mg Sodium. Exchanges: 14
1/2 Grain(Starch); 5 Lean Meat; 3
Non-Fat Milk; 62 1/2 Fat; 9 Other
Carbohydrates.