White Chocolate-Coconut Cream Pie

Ladies Home Journal Delicious Desserts 2011 Meredith Corporation - Des Moines, LA

Servings: 8

3 cups sweetened flaked coconut, divided

1/2 cup graham cracker crumbs

4 tablespoons butter, melted

2 cups milk

6 egg yolks

3/4 cup granulated sugar

1/2 cup all-purpose flour

2 tablespoons white creme de cacao

1 tablespoon butter

4 ounces white chocolate baking squares

1 tablespoon whipping cream

2 cups whipping cream

1/2 cup sifted powdered sugar

Preparation Time: 25 minutes

Bake: 10 minutes

Preheat the oven to 350 degrees.

For the crust: Combine two cups of the coconut, the graham cracker crumbs and melted butter. Press onto the bottom and side of a nine-inch pie plate. Bake for 10 minutes. Cool.

For the filling: In a large saucepan, combine the milk and remaining one cup of coconut. Bring just to a simmer, stirring occasionally. In a large mixing bowl, combine the egg yolks, granulated sugar and flour. Beat with a mixer on medium to high until combined. Slowly stir about one cup of the hot milk mixture into the yolk mixture. Return the yolk mixture to the saucepan. Bring to boiling, stirring often. Cook and stir for 2 minutes. Remove from the heat. Stir in the creme de cacao and one tablespoon of butter. Cover the surface with plastic wrap. Cool.

Meanwhile, in a small saucepan, stir the white chocolate and the one tablespoon of whipping cream over low heat until melted. Spread on the bottom and side of the piecrust. Chill until firm. Pour the filling into the crust. Cover and chill for two to four hours.

In a chilled medium mixing bowl, beat two cups of whipping cream and powdered sugar until stiff peaks form. Spread over the filling.

If desired, garnish with toasted coconut curls.

Per Serving (excluding unknown items): 516 Calories; 36g Fat (63.1% calories from fat); 7g Protein; 41g Carbohydrate; trace Dietary Fiber; 271mg Cholesterol; 164mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 1/2 Non-Fat Milk; 7 Fat; 1 1/2 Other Carbohydrates.

Desserts

Dar Sarving Nutritional Analysis

Calories (kcal):	516	Vitamin B6 (mg):	.1mg
% Calories from Fat:	63.1%	Vitamin B12 (mcg):	.7mcg
% Calories from Carbohydrates:	31.8%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	5.1%	Riboflavin B2 (mg):	.3mg
Total Fat (g):	36g	Folacin (mcg):	37mcg
Saturated Fat (g):	21g	Niacin (mg):	1mg
Monounsaturated Fat (g):	11g	Caffeine (mg):	0mg 12
Polyunsaturated Fat (g):	2g	Alcohol (kcal):	0.0%
Cholesterol (mg):	271mg		
Carbohydrate (g):	41g	Food Exchanges	
Dietary Fiber (g):	trace	Grain (Starch):	1/2
Protein (g):	7g	Lean Meat:	0
Sodium (mg):	164mg	Vegetable:	0
Potassium (mg):	169mg	Fruit:	0
Calcium (mg):	134mg	Non-Fat Milk:	1/2
Iron (mg):	1mg	Fat:	7
Zinc (mg):	1mg	Other Carbohydrates:	1 1/2
Vitamin C (mg):	1mg		
Vitamin A (i.u.):	1492IU		
Vitamin A (r.e.):	421 1/2RE		

Nutrition Facts

Servings per Recipe: 8

Amount Per Serving			
Calories 516	Calories from Fat: 326		
	% Daily Values*		
Total Fat 36g Saturated Fat 21g Cholesterol 271mg Sodium 164mg Total Carbohydrates 41g Dietary Fiber trace	56% 106% 90% 7% 14% 1%		
Protein 7g Vitamin A Vitamin C Calcium Iron	30% 2% 13% 6%		

^{*} Percent Daily Values are based on a 2000 calorie diet.