

Easy Pumpkin Pie

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Unitarian Universalist Fellowship of Vero Beach, FL 2000

Servings: 8

1 can (15 ounce) pumpkin

1 can (14 ounce)

condensed milk

2 eggs

1 teaspoon cinnamon

1/2 teaspoon ground

nutmeg

1/2 teaspoon ground cloves

1/2 teaspoon ground

allspice

1/2 teaspoon ground ginger

1/2 teaspoon salt

1 pie crust, thawed

Preheat the oven to 450 degrees.

In a bowl, mix the pumpkin, condensed milk, eggs, cinnamon, nutmeg, cloves, allspice, ginger and salt.

Pour into the pie crust.

Bake for 15 minutes.

Reduce the heat to 350 degrees.

Bake for 40 to 50 minutes.

Per Serving (excluding unknown items): 125 Calories; 7g Fat (53.1% calories from fat); 3g Protein; 12g Carbohydrate; 1g Dietary Fiber; 53mg Cholesterol; 297mg Sodium. Exchanges: 1 Grain(Starch); 0 Lean Meat; 1 1/2 Fat.