Chocolate Honey-Nut Pie

CommunityTable.com

Servings: 10

4 eggs

3/4 cup honey

1/2 cup butter, melted

2 teaspoons vanilla extract

1 tablespoon brewed coffee

3/4 cup granulated sugar

1/4 cup brown sugar

1 tablespoon flour

1 cup pecans, chopped

1/2 cup semisweet chocolate mini-

morsels

1 nine-inch unbaked pie shell

Preheat the oven to 375 degrees.

In a bowl, mix the eggs, honey, butter, vanilla and coffee.

Stir in the sugar, brown sugar, flour, pecans and chocolate morsels.

Pour the filling into the pie shell.

Bake for 45 to 50 minutes.

Let cool completely on a wire rack.

Per Serving (excluding unknown items): 337 Calories; 18g Fat (47.5% calories from fat); 4g Protein; 42g Carbohydrate; 1g Dietary Fiber; 110mg Cholesterol; 124mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 3 1/2 Feb; 3/12 Other Carbohydrates Fat; 2 1/2 Other Carbohydrates.

Desserts

Dar Cansina Mutritional Analysis

Calories (kcal):	337	Vitamin B6 (mg):	.1mg
% Calories from Fat:	47.5%	Vitamin B12 (mcg):	.3mcg
% Calories from Carbohydrates:	48.4%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	4.1%	Riboflavin B2 (mg):	.1mg
Total Fat (q):	18g	Folacin (mcg):	15mcg
Saturated Fat (g):	7g	Niacin (mg):	trace
Monounsaturated Fat (g):	8g	Caffeine (mg):	1mg
		Alcohol (kcal):	3
Polyunsaturated Fat (g):	2g	% Dofuso	በ በ%
Cholesterol (mg):	110mg		
Carbohydrate (g):	42g	Food Exchanges	
Dietary Fiber (g):	1g	Grain (Starch):	0

Protein (g):	4g	Lean Meat:	1/2
Sodium (mg):	124mg	Vegetable:	0
Potassium (mg):	100mg	Fruit:	0
Calcium (mg):	22mg	Non-Fat Milk:	0
Iron (mg):	1mg	Fat:	3 1/2
Zinc (mg):	1mg	Other Carbohydrates	2 1/2
Vitamin C (mg):	trace		
Vitamin A (i.u.):	458IU		
Vitamin A (r.e.):	115RE		

Nutrition Facts

Servings per Recipe: 10

Amount Per Serving				
Calories 337	Calories from Fat: 160			
	% Daily Values*			
Total Fat 18g	28%			
Saturated Fat 7g	35%			
Cholesterol 110mg	37%			
Sodium 124mg	5%			
Total Carbohydrates 42g	14%			
Dietary Fiber 1g	4%			
Protein 4g				
Vitamin A	9%			
Vitamin C	1%			
Calcium	2%			
Iron	5%			

^{*} Percent Daily Values are based on a 2000 calorie diet.