

Arkansas Derby Pie

*The Great Southern Hotel - Brinkley, AR
The Great Country Inns of America Cookbook (2nd ed) (1992)*

Servings: 6

3 eggs
3/4 cup sugar
1 cup dark corn syrup
1 tablespoon butter, melted
2 tablespoons Southern Comfort
1 teaspoon vanilla extract
1/4 cup coconut
1/2 cup semisweet chocolate chips
1/2 cup pecans
pinch salt
1 nine-inch baked pie shell

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Preheat the oven to 375 degrees.

In a bowl with an electric mixer, beat the eggs slightly. Add the sugar and mix well. Add the corn syrup and mix well.

Add the butter, Southern Comfort, vanilla, coconut, chocolate chips, pecans and salt. Mix well. Pour into the pie shell.

Bake for 45 minutes.

Per Serving (excluding unknown items): 462 Calories; 16g Fat (29.9% calories from fat); 5g Protein; 79g Carbohydrate; 2g Dietary Fiber; 111mg Cholesterol; 142mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 0 Fruit; 3 Fat; 5 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	462	Vitamin B6 (mg):	.1mg
% Calories from Fat:	29.9%	Vitamin B12 (mcg):	.3mcg
% Calories from Carbohydrates:	66.3%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	3.8%	Riboflavin B2 (mg):	.2mg
Total Fat (g):	16g	Folacin (mcg):	17mcg
Saturated Fat (g):	6g	Niacin (mg):	trace
Monounsaturated Fat (g):	7g	Caffeine (mg):	9mg
Polyunsaturated Fat (g):	2g	Alcohol (kcal):	18
Cholesterol (mg):	111mg	% Refuse:	0.0%
Carbohydrate (g):	79g		

Food Exchanges

Dietary Fiber (g): 2g
Protein (g): 5g
Sodium (mg): 142mg
Potassium (mg): 157mg
Calcium (mg): 32mg
Iron (mg): 1mg
Zinc (mg): 1mg
Vitamin C (mg): trace
Vitamin A (i.u.): 235IU
Vitamin A (r.e.): 57RE

Grain (Starch): 0
Lean Meat: 1/2
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 3
Other Carbohydrates: 5

Nutrition Facts

Servings per Recipe: 6

Amount Per Serving

Calories 462 **Calories from Fat:** 138

% Daily Values*

Total Fat	16g	24%
Saturated Fat	6g	30%
Cholesterol	111mg	37%
Sodium	142mg	6%
Total Carbohydrates	79g	26%
Dietary Fiber	2g	7%
Protein	5g	

Vitamin A	5%
Vitamin C	0%
Calcium	3%
Iron	8%

** Percent Daily Values are based on a 2000 calorie diet.*