

# Gina Thompsons Ten Minute Pineapple Pie

*Donita Bell*

*St Elizabeth Ann Seton Life Teen Youth Ministry*

*1 graham cracker pie crust,  
9 inch  
1 package (5.1 ounce)  
vanilla instant pudding  
1 container (16 ounce) sour  
cream  
1 large can (20 ounce)  
crushed pineapple in juice  
whipped topping*

Preheat the oven to 350 degrees.

Place the pie shell in the oven for 10 minutes to provide a crispier, golden crust. Cool.

In a bowl, blend the sour cream with the pudding mix. Add the pineapple and juice. Blend well. Pour the mixture into the cooled pie shell.

Chill.

To serve, spread whipped topping on the top of the pie.

---

Per Serving (excluding unknown items): 1823 Calories; 108g Fat (52.1% calories from fat); 18g Protein; 205g Carbohydrate; 5g Dietary Fiber; 102mg Cholesterol; 1490mg Sodium. Exchanges: 1 1/2 Lean Meat; 2 1/2 Fruit; 1/2 Non-Fat Milk; 20 1/2 Fat; 10 1/2 Other Carbohydrates.