Dessert

White Chocolate Berry Parfaits

Julie Puderbaugh - Berwick, PA Simple&Delicious Magazine - April/ May 2012

Servings: 4

Start to Finish Time: 15 minutes

1 package (3.3 oz) white chocolate pudding mix 4 cups fresh strawberries, sliced 2 cups Oreo cookie crumbs whipped topping

Prepare the pudding mix according to package directions.

Spoon 1/4 cup of pudding into each of four parfait glasses.

Top each parfait with 1/2 cup of sliced strawberries and 1/4 cup of Oreo crumbles on the strawberries.

Repeat the layers.

Garnish with whipped topping.

Chill until serving.

Per Serving (excluding unknown items): 44 Calories; trace Fat (9.0% calories from fat); 1g Protein; 10g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 1/2 Fruit.