

No Bake Lemon Dessert

*Paula Macri - Gattuso's Bella Cucina
Scripps Treasure Coast Newspapers*

*36 golden Oreo cookies
3 tablespoons butter, softened
1 box (3.4 ounce) lemon pudding
1 cup milk
4 cups whipped topping
1 cup lemon curd*

Place twenty Oreo cookies in a gallon sandwich bag. Seal the bag, except for one corner to allow air to escape. With a rolling pin, coarsely crush the Oreos.

In a large bowl, place the Oreos and the butter and mix together with a spoon until the butter is completely mixed into the Oreos. Place the mixture into the bottom of a 9x9-inch pan.

In a mixing bowl, add the pudding mix and the milk. Whisk until smooth and let stand for 2 minutes. Fold in about 1-1/2 cups of the whipped topping. Carefully spread over the cookies in the pan.

Crush the remaining sixteen cookies in a new gallon sandwich bag. Sprinkle half of the cookies over the pudding.

Mix the lemon curd with one cup of whipped topping. Spread over the pudding.

Spread the remaining whipped topping over the lemon curd mixture and sprinkle with the remaining cookies.

Cover with plastic wrap and refrigerate for eight hours or overnight before serving.

Per Serving (excluding unknown items): 1579 Calories; 123g Fat (68.7% calories from fat); 16g Protein; 110g Carbohydrate; 0g Dietary Fiber; 142mg Cholesterol; 939mg Sodium. Exchanges: 1 Non-Fat Milk; 24 Fat; 6 1/2 Other Carbohydrates.

Per Serving Nutritional Analysis

Calories (kcal):	1579	Vitamin B6 (mg):	.2mg
% Calories from Fat:	68.7%	Vitamin B12 (mcg):	1.4mcg
% Calories from Carbohydrates:	27.3%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	4.0%	Riboflavin B2 (mg):	.6mg
Total Fat (g):	123g	Folacin (mcg):	19mcg
Saturated Fat (g):	94g	Niacin (mg):	trace
Monounsaturated Fat (g):	18g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	3g	Alcohol (kcal):	0
Cholesterol (mg):	142mg	% Refuse:	n n%
Carbohydrate (g):	110g	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	16g	Lean Meat:	0
Sodium (mg):	939mg	Vegetable:	0
Potassium (mg):	622mg	Fruit:	0
Calcium (mg):	466mg	Non-Fat Milk:	1
Iron (mg):	1mg	Fat:	24
Zinc (mg):	1mg	Other Carbohydrates:	6 1/2
Vitamin C (mg):	3mg		
Vitamin A (i.u.):	4345IU		
Vitamin A (r.e.):	711RE		

Nutrition Facts

Amount Per Serving

Calories 1579 Calories from Fat: 1084

% Daily Values*

Total Fat	123g	189%
Saturated Fat	94g	472%
Cholesterol	142mg	47%
Sodium	939mg	39%
Total Carbohydrates	110g	37%
Dietary Fiber	0g	0%
Protein	16g	
Vitamin A		87%
Vitamin C		6%
Calcium		47%
Iron		3%

* Percent Daily Values are based on a 2000 calorie diet.