
Boston Cream Pie Ice Cream Sandwiches

Food Network Kitchen

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French vanilla ice cream, softened

pound cake slices

4 ounces bittersweet chocolate, chopped

1 tablespoon shortening

Sandwich softened French vanilla ice cream between slices of pound cake. Freeze until firm.

Microwave the bittersweet chocolate with the shortening until melted. Let cool.

Dip each ice cream sandwich partway in the chocolate.

Freeze on a parchment-lined baking sheet until set.

Dessert

Per Serving (excluding unknown items): 705 Calories; 75g Fat (79.5% calories from fat); 12g Protein; 32g Carbohydrate; 17g Dietary Fiber; 0mg Cholesterol; 16mg Sodium. Exchanges: 2 Grain(Starch); 1/2 Lean Meat; 15 Fat.