

**Dessert**

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# **Strawberry Apple Cream Pops**

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TasteOfHome.com

**Servings: 10**

**Preparation Time: 5 minutes**

**2 cups (16 oz) strawberry yogurt**

**3/4 cup apple juice concentrate, thawed**

**10 popsicle molds or paper cups (3 oz ea)**

**10 popsicle sticks**

In a large bowl, combine the yogurt and apple juice concentrate.

Fill each mold or cup with 1/4 cup of the yogurt mixture.

Top with holders or insert sticks into the cups.

Freeze.

Yield: 10 pops

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Per Serving (excluding unknown items): 58 Calories; 1g Fat (22.4% calories from fat); 2g Protein; 9g Carbohydrate; trace Dietary Fiber; 2mg Cholesterol; 28mg Sodium. Exchanges: 1/2 Fat; 1/2 Other Carbohydrates.