

Dessert

Frozen Chocolate Peanut Butter Banana Pops

www.peanutbutter.com

Servings: 16

Preparation Time: 30 minutes

Chill: 6 hours

1 cup semi-sweet chocolate chips

1/2 cup Skippy creamy peanut butter

8 large bananas, peeled and cut in half

16 wooden ice pop sticks

colored sprinkles

In a one-quart saucepan over low heat, melt the chocolate chips and peanut butter, stirring constantly until smooth. Let cool slightly then pour the chocolate mixture into a tall glass.

Place the wooden stick into the cut end of each banana.

Dip the banana pieces into the warm chocolate mixture.

Spoon sprinkles over the banana then place on a wax-paper-lined tray.

Freeze at least six hours or overnight.

Per Serving (excluding unknown items): 54 Calories; trace Fat (4.2% calories from fat); 1g Protein; 14g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 1 Fruit.