
Mocha Ganache

The Essential Southern Living Cookbook

Preparation Time: 2 minutes

Start to Finish Time: 5 minutes

1 four-ounce bar semisweet chocolate, chopped

1 teaspoon instant espresso

4 tablespoons whipping cream, divided

In a microwave-safe bowl, microwave the chocolate, espresso and three tablespoons of cream on HIGH for 1 minutes or until melted and smooth, stirring at 30-second intervals.

Whisk in an additional one tablespoon of cream until smooth.

Use immediately.

Yield: 1/2 cup

Dessert

Per Serving (excluding unknown items): 1016 Calories; 73g Fat (58.1% calories from fat); 8g Protein; 109g Carbohydrate; 0g Dietary Fiber; 82mg Cholesterol; 41mg Sodium. Exchanges: 0 Non-Fat Milk; 14 1/2 Fat; 7 Other Carbohydrates.