
Cannoli Filling (Dee`s Mix)

Sharon Wilner - New York

North American Potpourri - Autism Directory Service, Inc - 1993

3 pounds ricotta cheese (whole or skim milk)

1/4 cup confectioner's sugar

1/4 teaspoon vanilla extract

1 package (16 ounce) mini chocolate chips

cannoli shells

In a bowl, mix the ricotta, confectioner's sugar and vanilla extract. Once well mixed, add the chocolate chips.

Do NOT fill the shells until just before they are served because they will become soggy.

(It is best to mix the filling on the night before serving. Refrigerate until use.)

Yield: 20 large or 30 small shells

Dessert

Per Serving (excluding unknown items): 120 Calories; trace Fat (0.2% calories from fat); 0g Protein; 30g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 2 Other Carbohydrates.