

Almond Cream Filling

Patricia Echols

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

*1 package (3-1/2 ounce)
vanilla instant pudding
1 1/4 cups milk
1 cup heavy or whipping
cream
1 teaspoon almond extract*

In a bowl, prepare the package of pudding mix according to package directions but use only 1-1/4 cup of milk.

Whip the heavy cream.

Fold the heavy cream and almond extract into the pudding mixture.

Per Serving (excluding unknown items): 194 Calories; 10g Fat (48.7% calories from fat); 10g Protein; 14g Carbohydrate; 0g Dietary Fiber; 41mg Cholesterol; 149mg Sodium. Exchanges: 1 Non-Fat Milk; 2 Fat.