

Peach Ice Box Cake

Mrs. Joseph D. Guillory

River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

Servings: 8

1 pound vanilla wafers, crushed
1/2 cup margarine
1 1/2 cups powdered sugar
2 large eggs
1 quart peaches
1 cup whipping cream, whipped

Crush the vanilla wafers. Reserve some for topping. Place the remaining wafers in the bottom of a 13x9x2-inch pan.

In a bowl, cream the butter and sugar very well. Add the eggs, one at a time. Mix well. pour over the wafers in the pan.

Slice the peaches. (Try to always use fresh peaches.) Spread on top.

Whip the cream. Spread over the top of the peaches. Be sure to spread the fruit to the edges.

Sprinkle the remaining crumbs on top.

Refrigerate overnight.

Per Serving (excluding unknown items): 615 Calories; 35g Fat (49.9% calories from fat); 5g Protein; 73g Carbohydrate; 3g Dietary Fiber; 94mg Cholesterol; 336mg Sodium. Exchanges: 0 Lean Meat; 1/2 Fruit; 0 Non-Fat Milk; 6 1/2 Fat; 4 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	615	Vitamin B6 (mg):	trace
% Calories from Fat:	49.9%	Vitamin B12 (mcg):	.2mcg
% Calories from Carbohydrates:	46.7%	Thiamin B1 (mg):	.2mg
% Calories from Protein:	3.4%	Riboflavin B2 (mg):	.2mg
Total Fat (g):	35g	Folacin (mcg):	15mcg
Saturated Fat (g):	12g	Niacin (mg):	2mg

Monounsaturated Fat (g): 15g
Polyunsaturated Fat (g): 5g
Cholesterol (mg): 94mg
Carbohydrate (g): 73g
Dietary Fiber (g): 3g
Protein (g): 5g
Sodium (mg): 336mg
Potassium (mg): 273mg
Calcium (mg): 49mg
Iron (mg): 2mg
Zinc (mg): trace
Vitamin C (mg): 6mg
Vitamin A (i.u.): 1455IU
Vitamin A (r.e.): 301RE

Caffeine (mg): 0mg
Alcohol (kcal): 0
% Refused: n n%

Food Exchanges

Grain (Starch): 0
Lean Meat: 0
Vegetable: 0
Fruit: 1/2
Non-Fat Milk: 0
Fat: 6 1/2
Other Carbohydrates: 4

Nutrition Facts

Servings per Recipe: 8

Amount Per Serving

Calories 615 **Calories from Fat:** 307

% Daily Values*

Total Fat	35g	53%
	Saturated Fat 12g	60%
Cholesterol	94mg	31%
Sodium	336mg	14%
Total Carbohydrates	73g	24%
	Dietary Fiber 3g	11%
Protein	5g	
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Vitamin A		29%
Vitamin C		10%
Calcium		5%
Iron		9%

* Percent Daily Values are based on a 2000 calorie diet.