

Mother's Lane Cake

*Sara F Patterson, Nancy F Holley & Cleo F Long
Three Sisters Cookbook - Alexander City, AL*

2 cups sugar
1 cup milk
1 cup butter
6 egg whites, beaten
3 1/2 cups flour
2 teaspoons baking powder
1/2 teaspoon salt
FILLING
6 egg yolks
1 cup butter
2 cups sugar
1 cup raisins, ground
1 cup coconut, ground
1 cup nuts, chopped or ground

Preheat the oven to 350 degrees.

In a bowl, beat the butter. Gradually add the sugar. In a bowl, sift together the flour, baking powder and salt. Alternately add the flour and milk to the sugar mixture. Fold in the beaten egg whites. Pour the batter into four nine-inch cake pans.

Bake for 25 to 30 minutes.

For the filling: Slightly beat the egg yolks. Add the butter and sugar. Cook until thick and pour over the nuts, raisins and coconut. Stir until well mixed.

Spread between the layers and the top of the cake.

Per Serving (excluding unknown items): 10147 Calories; 518g Fat (44.9% calories from fat); 126g Protein; 1308g Carbohydrate; 40g Dietary Fiber; 2302mg Cholesterol; 6344mg Sodium. Exchanges: 24 Grain(Starch); 7 Lean Meat; 8 1/2 Fruit; 1 Non-Fat Milk; 99 Fat; 54 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

| | | | |
|---------------------------------------|-------|----------------------------|--------|
| Calories (kcal): | 10147 | Vitamin B6 (mg): | 1.4mg |
| % Calories from Fat: | 44.9% | Vitamin B12 (mcg): | 4.8mcg |
| % Calories from Carbohydrates: | 50.3% | Thiamin B1 (mg): | 4.6mg |
| % Calories from Protein: | 4.8% | Riboflavin B2 (mg): | 4.7mg |
| Total Fat (g): | 518g | Folacin (mcg): | 434mcg |
| Saturated Fat (g): | 281g | Niacin (mg): | 35mg |

Monounsaturated Fat (g): 167g
Polyunsaturated Fat (g): 39g
Cholesterol (mg): 2302mg
Carbohydrate (g): 1308g
Dietary Fiber (g): 40g
Protein (g): 126g
Sodium (mg): 6344mg
Potassium (mg): 3553mg
Calcium (mg): 1405mg
Iron (mg): 36mg
Zinc (mg): 16mg
Vitamin C (mg): 10mg
Vitamin A (i.u.): 16154IU
Vitamin A (r.e.): 4112 1/2RE

Caffeine (mg): 0mg
Alcohol (kcal): 0
% Refuse: n n%

Food Exchanges

Grain (Starch): 24
Lean Meat: 7
Vegetable: 0
Fruit: 8 1/2
Non-Fat Milk: 1
Fat: 99
Other Carbohydrates: 54

Nutrition Facts

Amount Per Serving

Calories 10147 **Calories from Fat:** 4552

% Daily Values*

| | |
|----------------------------------|-------|
| Total Fat 518g | 798% |
| Saturated Fat 281g | 1403% |
| Cholesterol 2302mg | 767% |
| Sodium 6344mg | 264% |
| Total Carbohydrates 1308g | 436% |
| Dietary Fiber 40g | 159% |
| Protein 126g | |
| <hr/> | |
| Vitamin A | 323% |
| Vitamin C | 17% |
| Calcium | 141% |
| Iron | 198% |

* Percent Daily Values are based on a 2000 calorie diet.