
Mom`s Apple Walnut Supreme Cake

Theresa Hunt - New York

North American Potpourri - Autism Directory Service, Inc - 1993

6 to 8 apples, coarsely chopped and peeled

1 3/4 cups sugar

3 eggs

1/2 cup oil

2 teaspoons vanilla extract

2 cups flour

2 teaspoons baking soda

1 teaspoon salt

2 teaspoons cinnamon

1 teaspoon nutmeg

1/2 teaspoon ground cloves

1 cup walnut pieces

Preheat the oven to 350 degrees.

In a large bowl, mix together the apples, sugar, eggs, oil and vanilla extract.

In a separate bowl, sift together the flour, baking soda, salt and spices. Add the flour mixture to the apple mixture. Stir together. Add the walnuts.

Pour the cake batter into a greased and floured 9 x 13-inch pan.

Bake until set, approximately 35 minutes.

Dessert

Per Serving (excluding unknown items): 3991 Calories; 130g Fat (28.9% calories from fat); 47g Protein; 676g Carbohydrate; 33g Dietary Fiber; 636mg Cholesterol; 4872mg Sodium. Exchanges: 13 Grain(Starch); 2 1/2 Lean Meat; 8 1/2 Fruit; 23 Fat; 23 1/2 Other Carbohydrates.