

Key Lime Cake II

Sara F Patterson, Nancy F Holley & Cleo F Long
Three Sisters Cookbook - Alexander City, AL

1 box lemon supreme cake mix
5 eggs
1 box lime jello
1 1/2 cups Wesson oil
1/2 cup orange juice
1/2 cup lime juice
4 tablespoons confectioner's sugar

FROSTING

12 ounces cream cheese
1 1/2 sticks margarine
1 1/2 boxes confectioner's sugar
(1/2 box is approx. two cups)
1 1/2 teaspoons vanilla

Preheat the oven to 350 degrees.

In a bowl, mix the cake mix, eggs, jello, oil and orange juice. Pour the batter into three greased eight-inch pans.

Bake for 30 to 35 minutes.

In a bowl, mix the lime juice and confectioner's sugar. Spread this mixture over the cake layers as soon as they are removed from the oven. Let cool completely in the pans.

For the frosting: In a bowl, mix the cream cheese, margarine, confectioner's sugar and vanilla. When the cake is cool, frost the layers, top and sides of the cake.

Keep the cake refrigerated.

Per Serving (excluding unknown items): 3000 Calories; 280g Fat (83.1% calories from fat); 60g Protein; 68g Carbohydrate; 1g Dietary Fiber; 1433mg Cholesterol; 2957mg Sodium. Exchanges: 7 1/2 Lean Meat; 1 1/2 Fruit; 51 Fat; 2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

| | | | |
|---------------------------------------|-------|----------------------------|--------|
| Calories (kcal): | 3000 | Vitamin B6 (mg): | .6mg |
| % Calories from Fat: | 83.1% | Vitamin B12 (mcg): | 4.8mcg |
| % Calories from Carbohydrates: | 9.0% | Thiamin B1 (mg): | .4mg |
| % Calories from Protein: | 7.9% | Riboflavin B2 (mg): | 2.0mg |
| Total Fat (g): | 280g | Folacin (mcg): | 245mcg |

Saturated Fat (g): 106g
Monounsaturated Fat (g): 109g
Polyunsaturated Fat (g): 49g
Cholesterol (mg): 1433mg
Carbohydrate (g): 68g
Dietary Fiber (g): 1g
Protein (g): 60g
Sodium (mg): 2957mg
Potassium (mg): 1196mg
Calcium (mg): 477mg
Iron (mg): 9mg
Zinc (mg): 5mg
Vitamin C (mg): 98mg
Vitamin A (i.u.): 12388IU
Vitamin A (r.e.): 3230 1/2RE

Niacin (mg): 1mg
Caffeine (mg): 0mg
Alcohol (kcal): 19
% Refused: n n%

Food Exchanges

Grain (Starch): 0
Lean Meat: 7 1/2
Vegetable: 0
Fruit: 1 1/2
Non-Fat Milk: 0
Fat: 51
Other Carbohydrates: 2

Nutrition Facts

Amount Per Serving

Calories 3000 **Calories from Fat:** 2493

% Daily Values*

| | |
|--------------------------------|------|
| Total Fat 280g | 431% |
| Saturated Fat 106g | 531% |
| Cholesterol 1433mg | 478% |
| Sodium 2957mg | 123% |
| Total Carbohydrates 68g | 23% |
| Dietary Fiber 1g | 3% |
| Protein 60g | |
| Vitamin A | 248% |
| Vitamin C | 164% |
| Calcium | 48% |
| Iron | 50% |

* Percent Daily Values are based on a 2000 calorie diet.