

Chocolate Cherry Cake

Thelma Beeson

Community Living Committee - All Saint's Church Hammond, IN 1987

CAKE

1 fudge cake mix

2 cans (12 ounce ea) cherry pie filling

1 teaspoon almond extract

2 eggs

FROSTING

1 cup sugar

5 teaspoons butter

1/3 cup milk

6 ounces chocolate chips

Preheat the oven to 350 degrees.

For the cake: In a mixing bowl, mix together the cake mix, pie filling, almond extract and eggs.

Spread into a 13x9-inch pan.

Bake for 25 to 30 minutes. Let cool.

For the frosting: In a saucepan, bring the sugar, butter and milk to a boil for 1 minute.

Remove from the heat and add the chocolate chips.

Spread on the cake.

Per Serving (excluding unknown items): 3115 Calories; 84g Fat (23.0% calories from fat); 28g Protein; 607g Carbohydrate; 16g Dietary Fiber; 487mg Cholesterol; 486mg Sodium. Exchanges: 1 1/2 Lean Meat; 1/2 Non-Fat Milk; 15 1/2 Fat; 39 1/2 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	3115	Vitamin B6 (mg):	.6mg
% Calories from Fat:	23.0%	Vitamin B12 (mcg):	1.6mcg
% Calories from Carbohydrates:	73.6%	Thiamin B1 (mg):	.4mg
% Calories from Protein:	3.3%	Riboflavin B2 (mg):	1.0mg
Total Fat (g):	84g	Folacin (mcg):	98mcg
Saturated Fat (g):	47g	Niacin (mg):	2mg
Monounsaturated Fat (g):	28g	Caffeine (mg):	105mg
Polyunsaturated Fat (g):	4g	Alcohol (kcal):	6

Cholesterol (mg):	487mg
Carbohydrate (g):	607g
Dietary Fiber (g):	16g
Protein (g):	28g
Sodium (mg):	486mg
Potassium (mg):	1943mg
Calcium (mg):	321mg
Iron (mg):	10mg
Zinc (mg):	5mg
Vitamin C (mg):	17mg
Vitamin A (i.u.):	3410IU
Vitamin A (r.e.):	554RE

% Daily Value* 0 0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	1 1/2
Vegetable:	0
Fruit:	0
Non-Fat Milk:	1/2
Fat:	15 1/2
Other Carbohydrates:	39 1/2

Nutrition Facts

Amount Per Serving

Calories 3115 Calories from Fat: 717

% Daily Values*

Total Fat 84g	130%
Saturated Fat 47g	235%
Cholesterol 487mg	162%
Sodium 486mg	20%
Total Carbohydrates 607g	202%
Dietary Fiber 16g	64%
Protein 28g	
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Vitamin A	68%
Vitamin C	28%
Calcium	32%
Iron	54%

* Percent Daily Values are based on a 2000 calorie diet.