

# Chocolate Brandy Cake

Mrs. Don R. McAdams

River Road Recipes II (1976) - The Junion League, Baton Rouge, LA

## CAKE

1 box devil's food cake mix

4 eggs

1 cup water

1/2 cup oil

1 box (3 ounce) instant chocolate pudding

3 tablespoons brandy

## CHOCOLATE GLAZE

2 tablespoons cocoa

5 teaspoons water

1 tablespoon butter or margarine

1 tablespoon white corn syrup

1 cup powdered sugar

Preheat the oven to 350 degrees.

In a bowl, thoroughly mix the cake mix, eggs, water, oil, pudding and brandy.

Pour the batter into a bundt pan.

Bake for 45 to 55 minutes.

Make the glaze: In a saucepan over low heat, place the cocoa, water, butter, corn syrup and sugar. Stir until the butter melts. Do not overcook.

Remove the cake from the pan.

Glaze the cake while it is hot.

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Per Serving (excluding unknown items): 1955 Calories; 142g Fat (67.4% calories from fat); 27g Protein; 127g Carbohydrate; 4g Dietary Fiber; 879mg Cholesterol; 409mg Sodium. Exchanges: 1/2 Grain(Starch); 3 1/2 Lean Meat; 26 Fat; 8 Other Carbohydrates.

## Desserts

### Per Serving Nutritional Analysis

Calories (kcal):	1955	Vitamin B6 (mg):	.3mg
% Calories from Fat:	67.4%	Vitamin B12 (mcg):	2.6mcg
% Calories from Carbohydrates:	26.8%	Thiamin B1 (mg):	.2mg
% Calories from Protein:	5.8%	Riboflavin B2 (mg):	1.0mg
Total Fat (g):	142g	Folacin (mcg):	100mcg
Saturated Fat (g):	27g	Niacin (mg):	trace
Monounsaturated Fat (g):	76g	Caffeine (mg):	25mg

**Polyunsaturated Fat (g):** 26g  
**Cholesterol (mg):** 879mg  
**Carbohydrate (g):** 127g  
**Dietary Fiber (g):** 4g  
**Protein (g):** 27g  
**Sodium (mg):** 409mg  
**Potassium (mg):** 439mg  
**Calcium (mg):** 128mg  
**Iron (mg):** 5mg  
**Zinc (mg):** 3mg  
**Vitamin C (mg):** 0mg  
**Vitamin A (i.u.):** 1412IU  
**Vitamin A (r.e.):** 387 1/2RE

**Alcohol (kcal):** 102  
**% Refuse:** n n%

### Food Exchanges

**Grain (Starch):** 1/2  
**Lean Meat:** 3 1/2  
**Vegetable:** 0  
**Fruit:** 0  
**Non-Fat Milk:** 0  
**Fat:** 26  
**Other Carbohydrates:** 8

## Nutrition Facts

### Amount Per Serving

**Calories** 1955                      **Calories from Fat:** 1318

### % Daily Values\*

<b>Total Fat</b> 142g	218%
Saturated Fat 27g	134%
<b>Cholesterol</b> 879mg	293%
<b>Sodium</b> 409mg	17%
<b>Total Carbohydrates</b> 127g	42%
Dietary Fiber 4g	14%
<b>Protein</b> 27g	
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<b>Vitamin A</b>	28%
<b>Vitamin C</b>	0%
<b>Calcium</b>	13%
<b>Iron</b>	29%

\* Percent Daily Values are based on a 2000 calorie diet.