

Beet-Nik Cake

Evelyn Day

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

2 jars strained beets (baby food)
2 squares chocolate (or six tablespoons cocoa)
1 cup oil
1 1/2 cups sugar
2 cups flour
1/4 teaspoon vanilla
1 1/2 teaspoons baking soda
3 eggs

In a bowl, combine all of the ingredients together. Mix well.

Turn the batter into a greased and floured 13x9-inch baking pan.

Bake in the oven at 350 degrees for 35 minutes.

Frost with a buttercream frosting.

Per Serving (excluding unknown items): 4223 Calories; 235g Fat (49.7% calories from fat); 45g Protein; 492g Carbohydrate; 7g Dietary Fiber; 636mg Cholesterol; 2106mg Sodium. Exchanges: 12 1/2 Grain(Starch); 2 1/2 Lean Meat; 45 Fat; 20 Other Carbohydrates.