

# American Shortcake

*Chef Stacey - Aldi Test Kitchen*  
*www.aldi.com*

*1 box Patriotic Confetti cake mix*  
*1 1/4 cups water*  
*4 large eggs, whites only*  
*1/3 cup vegetable oil*  
*1 1/2 cups fresh blueberries*  
*2 cups fresh strawberries, cut into fourths*  
*1 can (7 ounce) aerosol whipped cream*  
*red, white and blue sprinkles (for garnish)*

In a 9x13-inch pan, prepare the cake according to the package instructions using the water, eggs and vegetable oil ingredients listed in this recipe. Let cool completely (approximately 30 minutes).

Cut the cake into one-inch cubes. Divide into twelve equal portions.

In six small glass bowls, create equal layers amongst the glasses: the cake, 1/4 cup of blueberries, 1/3 cup of strawberries, whipped cream (use enough to cover the berries). Repeat the layers.

Sprinkle with the patriotic sprinkles.

---

Per Serving (excluding unknown items): 1142 Calories; 94g Fat (72.2% calories from fat); 28g Protein; 53g Carbohydrate; 13g Dietary Fiber; 848mg Cholesterol; 305mg Sodium. Exchanges: 3 Lean Meat; 3 1/2 Fruit; 16 Fat.