# Key Lime Cheesecakes <br> 50 Things to Make in a Muffin Pan 

Food Networke Magazine - March 2016

1 container (8 ounce) cream cheese
1 cup confectioner's sugar
1 cup sour cream
1 teaspoon vanilla
pinch salt
1 teaspoon gelatin
1 tablespoon warm water
1/4 cup Key lime juice
1 cup chocolate graham cracker crumbs

2 tablespoons butter, melted
lime zest (for garnish)

Line twelve muffin cups with paper cups.
In a bowl, beat the cream cheese, confectioner's sugar, sour cream, vanilla and salt with a mixer on medium-high speed until smooth.

Dissolve the gelatin in the warm water. Beat the gelatin into the cream cheese mixture with the lime juice.

In a bowl, combine the graham cracker crumbs with the melted butter. Press the crumbs into the muffin cups.

Divide the filling among the muffin cups. Chill until set, four hours.

Top with lime zest.

Per Serving (excluding unknown items): 1988 Calories; 152g Fat (67.8\% calories from fat); 25g Protein; 137 g Carbohydrate; 0 g Dietary Fiber; 419mg Cholesterol; 1046mg Sodium. Exchanges: 2 1/2 Lean Meat; 1/2 Non-Fat Milk; 29 Fat; 8 Other Carbohydrates.

## Desserts

## 

| Calories (kcal): | 1988 | Vitamin B6 $(\mathbf{m g}):$ | .1 mg |
| :--- | ---: | :--- | ---: |
| \% Calories from Fat: | $67.8 \%$ | Vitamin B12 $(\mathbf{m c g}):$ | 1.7 mcg |
| \% Calories from Carbohydrates: | $27.2 \%$ | Thiamin B1 $(\mathbf{m g}):$ | .1 mg |
| \% Calories from Protein: | $5.0 \%$ | Riboflavin B2 $(\mathbf{m g}):$ | .8 mg |
| Total Fat (g): | 152 g | Folacin $(\mathbf{m c g}):$ | 56 mcg |
| Saturated Fat (g): | 95 g | Niacin $(\mathbf{m g}):$ | trace |


| Monounsaturated Fat (g): | 43 g |
| :--- | ---: |
| Polyunsaturated Fat (g): | 6 g |
| Cholesterol (mg): | 419 mg |
| Carbohydrate (g): | 137 g |
| Dietary Fiber (g): | 0 g |
| Protein (g): | 25 g |
| Sodium (mg): | 1046 mg |
| Potassium (mg): | 618 mg |
| Calcium (mg): | 461 mg |
| Iron (mg): | 3 mg |
| Zinc (mg): | 2 mg |
| Vitamin C (mg): | 2 mg |
| Vitamin A (i.u.): | $5995 I \mathrm{U}$ |
| Vitamin A (r.e.): | $17571 / 2 R E$ |


| Caffeine (mg): | 0 mg |
| :--- | ---: |
| Alcohol (kcal): | 13 |
| \% Rofica. | $\mathrm{n} \% \%$ |

## Food Exchanges

Grain (Starch): 0
Lean Meat: $21 / 2$
Vegetable: 0
Fruit: 0
Non-Fat Milk: $\quad 1 / 2$
Fat: 29
Other Carbohydrates: 8

Nutrition Facts
Amount Per Serving

| Calories 1988 |  | Calories from Fat: 1348 |
| :---: | :---: | :---: |
|  |  | \% Daily Values* |
| Total Fat 152g |  | 234\% |
| Saturated Fat 95 g |  | 476\% |
| Cholesterol 419 mg |  | 140\% |
| Sodium 1046mg |  | 44\% |
| Total Carbohydrates | 137g | 46\% |
| Dietary Fiber 0g |  | 0\% |
| Protein 25g |  |  |
| Vitamin A |  | 120\% |
| Vitamin C |  | 3\% |
| Calcium |  | 46\% |
| Iron |  | 17\% |

[^0]
[^0]:    * Percent Daily Values are based on a 2000 calorie diet.

