Misc.

Hot Dog Relish - Mango Cuke Relish

Taste Of Home - June/July 2011
Start to Finish Time: 20 minutes

1 medium mango, peeled and finely chopped
1/2 cup cucumber, peeled and chopped
1/4 cup cashews, chopped
1/4 cup sweet red pepper, finely chopped
1 green onion, thinly sliced
1 tablespoon fresh basil, minced
1 tablespoon fresh cilantro, minced
1 tablespoon seasoned rice vinegar
1 clove garlic, minced
1 teaspoon green curry paste
1/2 teaspoon grated lime peel
1/2 teaspoon crushed red pepper flakes

In a small bowl, combine and thoroughly mix all ingredients.

Serve immediately.

Yield: 2 cups

Per Serving (excluding unknown items): 351 Calories; 16g Fat (38.5% calories from fat); 8g Protein; 51g Carbohydrate; 8g Dietary Fiber; 0mg Cholesterol; 15mg Sodium. Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 1 Vegetable; 2 1/2 Fruit; 3 Fat; 0 Other Carbohydrates.