

Sauces

Buffalo Relish

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- 1 cup blue cheese, crumbled**
- 1 cup celery, diced**
- 1/4 cup red onion, diced**
- 2 tablespoons celery leaves, chopped**
- 2 tablespoons mayonnaise**
- 2 teaspoons hot pepper sauce**

In a bowl, combine the blue cheese, celery, red onion, celery leaves, mayonnaise and pepper sauce. Mix well.

Per Serving (excluding unknown items): 634 Calories; 56g Fat (77.5% calories from fat); 26g Protein; 11g Carbohydrate; 3g Dietary Fiber; 95mg Cholesterol; 2095mg Sodium. Exchanges: 3 1/2 Lean Meat; 1 1/2 Vegetable; 6 1/2 Fat; 0 Other Carbohydrates.