

Honey Mustard

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1/4 cup Dijon mustard

1/4 cup honey

1 tablespoon rice vinegar

salt (to taste)

In a small bowl, combine the Dijon, honey, vinegar and salt. Mix well.

Per Serving (excluding unknown items): 305 Calories; 3g Fat (7.1% calories from fat); 3g Protein; 75g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 755mg Sodium. Exchanges: 1/2 Lean Meat; 0 Fat; 5 Other Carbohydrates.