

Sauces

Olive-Anchovy Mayo

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3/4 cup mayonnaise

1/2 cup kalamata olives, pitted and chopped

4 anchovies, chopped

1 tablespoon fresh parsley, chopped

2 teaspoons Dijon mustard

In a bowl, combine the mayonnaise, olives, anchovies, parsley and mustard. Mix well.

Per Serving (excluding unknown items): 1539 Calories; 174g Fat (96.2% calories from fat); 7g Protein; 8g Carbohydrate; trace Dietary Fiber; 71mg Cholesterol; 3536mg Sodium. Exchanges: 1/2 Lean Meat; 0 Vegetable; 1/2 Fruit; 18 Fat; 0 Other Carbohydrates.