

Cayenne Mayonnaise

Nassau Inn - Princeton, NJ

The Great Country Inns of America Cookbook (2nd ed) (1992)

1 cup mayonnaise
1 tablespoon Cayenne pepper (or to taste)
1 tablespoon Tabasco sauce (or to taste)

In a bowl, combine the mayonnaise, Cayenne pepper and Tabasco sauce. Mix well.

Refrigerate.

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .

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Sauces and Condiments

Per Serving Nutritional Analysis

Calories (kcal):	0
% Calories from Fat:	0.0%
% Calories from Carbohydrates:	0.0%
% Calories from Protein:	0.0%
Total Fat (g):	0g
Saturated Fat (g):	0g
Monounsaturated Fat (g):	0g
Polyunsaturated Fat (g):	0g
Cholesterol (mg):	0mg
Carbohydrate (g):	0g
Dietary Fiber (g):	0g
Protein (g):	0g
Sodium (mg):	0mg
Potassium (mg):	0mg
Calcium (mg):	0mg
Iron (mg):	0mg
Zinc (mg):	0mg

Vitamin B6 (mg):	0mg
Vitamin B12 (mcg):	0mcg
Thiamin B1 (mg):	0mg
Riboflavin B2 (mg):	0mg
Folacin (mcg):	0mcg
Niacin (mg):	0mg
Caffeine (mg):	0mg
Alcohol (kcal):	0
% Daily Value*	0.0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	0
Other Carbohydrates:	0

Vitamin C (mg):
Vitamin A (i.u.): 0IU
Vitamin A (r.e.): 0RE

Nutrition Facts

Amount Per Serving

Calories	0	Calories from Fat: 0
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% Daily Values*

Total Fat	0g	0%
Saturated Fat	0g	0%
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	0g	0%
Dietary Fiber	0g	0%
Protein	0g	

Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.