

Salad Dressing I

Lydia Duffney

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

*1/3 cup wine vinegar
2 teaspoons horseradish
2 teaspoons brown Creole
mustard
black pepper
salt
2/3 cup salad oil*

Pour the ingredients slowly into a blender. Pulse until smooth.

(Very good tossed with greens, two or three different kinds of lettuce broken into bite-size pieces.)

Per Serving (excluding unknown items): 1288 Calories; 144g Fat (98.2% calories from fat); trace Protein; 6g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 12mg Sodium. Exchanges: 29 Fat; 1/2 Other Carbohydrates.