Lemon and Garlic Dressing

Libby Storts
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1/2 garlic cloves crushed and coarsely chopped 1 teaspoon fine sea salt 1 tablespoon fresh lemon juice 3 tablespoons olive oil ground pepper (to taste)

In a clean, dry salad bowl, mash the garlic and salt together with a spoon to make a smooth paste.

Add the lemon juice. Stir until the salt is dissolved.

Add the olive oil and pepper. Mix well.

(Toss with or drizzle over greens just before serving.)

Per Serving (excluding unknown items): 362 Calories; 41g Fat (98.5% calories from fat); trace Protein; 1g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 0 Fruit; 8 Fat.