

Creamy Warm Bacon Dressing

Easy Summer Entertaining (1991)
Kraft General Foods, Inc.

Yield: 1 1/2 cups

4 bacon slices, chopped
1 clove garlic, minced
1 cup Miracle Whip®
1/2 cup milk

Preparation Time: 10 minutes

Cook Time: 10 minutes

Cook the bacon until crisp. Drain, reserving one tablespoon of the drippings.

In a saucepan, heat the reserved drippings, bacon and garlic over low heat for 1 minute.

Stir in the Miracle Whip and milk. Cook, stirring occasionally, until thoroughly heated.

Serve with spinach salad.

Per Serving (excluding unknown items): 1346 Calories; 129g Fat (85.1% calories from fat); 12g Protein; 39g Carbohydrate; trace Dietary Fiber; 118mg Cholesterol; 1984mg Sodium. Exchanges: 1 Lean Meat; 0 Vegetable; 1/2 Non-Fat Milk; 25 Fat; 2 Other Carbohydrates.

Sauces and Condiments

Per Serving Nutritional Analysis

Calories (kcal):		1346	Vitamin B6 (mg):		.1mg
% Calories from Fat:		85.1%	Vitamin B12 (mcg):		.9mcg
% Calories from Carbohydrates:		11.4%	Thiamin B1 (mg):		.2mg
% Calories from Protein:		3.5%	Riboflavin B2 (mg):		.2mg
Total Fat (g):		129g	Folacin (mcg):		7mcg
Saturated Fat (g):		23g	Niacin (mg):		2mg
Monounsaturated Fat (g):		7g	Caffeine (mg):		0mg
Polyunsaturated Fat (g):		2g	Alcohol (kcal):		0
Cholesterol (mg):		118mg	% Refused:		0.0%
Carbohydrate (g):		39g	Food Exchanges		
Dietary Fiber (g):		trace	Grain (Starch):		0

Protein (g): 12g
Sodium (mg): 1984mg
Potassium (mg): 320mg
Calcium (mg): 154mg
Iron (mg): 1mg
Zinc (mg): 1mg
Vitamin C (mg): 11mg
Vitamin A (i.u.): 154IU
Vitamin A (r.e.): 46 1/2RE

Lean Meat: 1
Vegetable: 0
Fruit: 0
Non-Fat Milk: 1/2
Fat: 25
Other Carbohydrates: 2

Nutrition Facts

Amount Per Serving

Calories 1346 **Calories from Fat:** 1146

% Daily Values*

Total Fat	129g	198%
Saturated Fat	23g	115%
Cholesterol	118mg	39%
Sodium	1984mg	83%
Total Carbohydrates	39g	13%
Dietary Fiber	trace	0%
Protein	12g	
Vitamin A		3%
Vitamin C		18%
Calcium		15%
Iron		3%

* Percent Daily Values are based on a 2000 calorie diet.