
Banana Creme Dressing

Home Cookin - Junior League of Wichita Falls, TX - 1976

3 fully ripe bananas

2 tablespoons brown sugar

2 tablespoons honey

1 package (2 ounce) dessert topping, prepared

In a bowl, mash the bananas. Add the brown sugar and honey. Mix thoroughly until smooth.

Fold into the prepared dessert topping. Whip. Chill.

Serve over fruit salads. This dressing will not keep.

Yield: 2 1/2 cups

Condiments, Sauces

Per Serving (excluding unknown items): 197 Calories; 0g Fat (0.0% calories from fat); trace Protein; 53g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 9mg Sodium. Exchanges: 3 1/2 Other Carbohydrates.