Sauces

Pistachio-Honey Butter

Tracey Seaman

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Preparation Time: 5 minutes

Cook time: 10 minutes

1 1/2 cups (5 oz) raw unsalted pistachios 2 teaspoons honey 1/4 teaspoon salt

2 tablespoons (or more) extra-virgin olive oil

Preheat the oven to 350 degrees.

Spread the pistachios on a baking sheet. Toast for 8 minutes. Let cool.

Transfer the nuts to a mini food processor and process until finely chopped.

Blend in the honey and salt, then blend in the olive oil until smooth.

Yield: 1/2 cup

Per Serving (excluding unknown items): 3862 Calories; 432g Fat (98.8% calories from fat); trace Protein; 12g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 534mg Sodium. Exchanges: 86 1/2 Fat; 1 Other Carbohydrates.