

Chili Barbecue Sauce

Publix Aprons

1 cup sweet and spicy barbecue sauce
 2 tablespoons chipotle pepper sauce
 2 teaspoons chili powder

In a bowl, mix the barbecue sauce, pepper sauce and chili powder.

Per Serving (excluding unknown items): 16 Calories; 1g Fat (36.0% calories from fat); 1g Protein; 3g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 51mg Sodium. Exchanges: 0 Grain(Starch); 0 Fat.

Per Serving Nutritional Analysis

Calories (kcal):	16	Vitamin B6 (mg):	.1mg
% Calories from Fat:	36.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	52.4%	Thiamin B1 (mg):	trace
% Calories from Protein:	11.6%	Riboflavin B2 (mg):	trace
Total Fat (g):	1g	Folacin (mcg):	5mcg
Saturated Fat (g):	trace	Niacin (mg):	trace
Monounsaturated Fat (g):	trace	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	trace	Alcohol (kcal):	0
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	3g		
Dietary Fiber (g):	2g	Food Exchanges	
Protein (g):	1g	Grain (Starch):	0
Sodium (mg):	51mg	Lean Meat:	0
Potassium (mg):	96mg	Vegetable:	0
Calcium (mg):	14mg	Fruit:	0
Iron (mg):	1mg	Non-Fat Milk:	0
Zinc (mg):	trace	Fat:	0
Vitamin C (mg):	3mg	Other Carbohydrates:	0
Vitamin A (i.u.):	1746IU		
Vitamin A (r.e.):	174 1/2RE		

Nutrition Facts

Amount Per Serving

Calories 16 **Calories from Fat:** 6

% Daily Values*

Total Fat 1g 1%

		1%
Cholesterol	0mg	0%
Sodium	51mg	2%
Total Carbohydrates	3g	1%
Dietary Fiber	2g	7%
Protein	1g	
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Vitamin A		35%
Vitamin C		5%
Calcium		1%
Iron		4%
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** Percent Daily Values are based on a 2000 calorie diet.*